



## **PSHE Knowledge Organiser Healthy and Safer Lifestyles: Managing Risk**

First Aid Bites and Stings

Does a sustainable city help the people that live there?





Year 3

#### **Risky situations**

When I'm in a risky situation I might feel...

- That I have butterflies in the tummy
- I have sweaty hands
- That I'm stumbling over words.

#### **Emergency situations**

When I'm in an emergency situation...

- I should find a trusted adult
- I should ring an ambulance 999
- I should ring the police 999

# Staying safe near roads



Stop: Find a safe place to cross. Stand on the pavement near the kerb



Look all around for traffic



Listen for approaching traffic. If traffic is coming let it pass



Think if it is safe to cross, When there is no traffic. walk straight across

#### How will my friends influence me in a risky situation?

Help me





Make me do the wrong thing



Look for this sign for first aid help

# Staying safe near water

Spot the dangers

Always go with a friend or adult

Find and follow the safety signs and flags

Emergency, put up Е your hand and shout or ring 999/112



# Choose a lifeguarded beach

and always swim between the red and yellow flags

If ever caught in a riptide **SWIM ACROSS IT!** 



**Vocabulary Tier 2** information risky situations, receiving and giving help



### **Vocabulary Tier 3**

Risk identification, accident prevention, physical response to risk, access to emergency services.

