

Hygiene and how to prevent the spread of disease.

Use hand sanitiser

Brushing teeth

Washing hands

Wash dirty clothes

Brush hair

Take baths/showers

Throw tissues away

Cover your mouth when coughing

Parts of the body

Male and female bodies have different features. Some differences are external and some are internal.

Not all males look the same and not all females look the same.



Common diseases:

- Cold
- Flu
- Chicken pox
- Covid
- Slap cheek
- Worms
- Measles
- Scarlet fever

What to do when you feel ill:

- Talk to you GP
- Don't try to do too much
- Drink lots of fluids

Vocabulary Tier 2

male, female, personal hygiene, disease prevention, uniqueness, body changes



Vocabulary Tier 3

bacteria, penis, vagina, testicle, breast

