



Personal Hygiene

How to keep clean?

Wash Hair



Clean Teeth



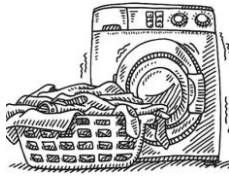
Wash Hands



Have a Bath/Shower



Wash Clothes



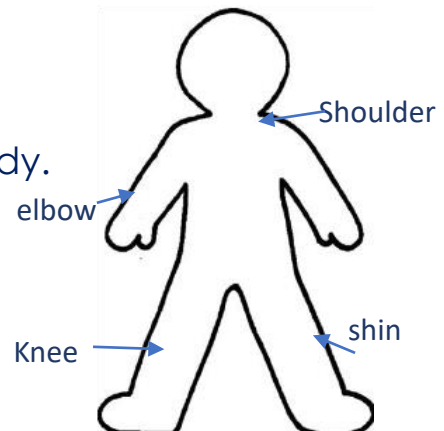
Body Knowledge

There are 206 Bones in an adult's body.

A Baby is born with over 300 bones in their body.

Fine Motor Skills – Writing, Drawing, Reading

Gross Motor Skills – Dancing, Skipping



What to do in private?

Go to the Toilet

Get changed

Have a Bath

Things you do in Private change as you get older

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Vocabulary Tier 2

Male
Female
Private
Privacy

Vocabulary Tier 3

Penis Testicles
Vagina / Vulva



16 I have the right to keep some things private



17 I have the right to get information in lots of ways, as long as it's safe



24 I have the right to good quality health care, to clean water and good food

