



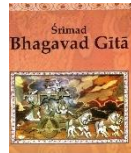
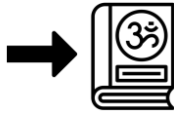
Hinduism: What spiritual pathways to Moksha are written about in Hindu scriptures?

Moksha is freedom from the cycle of birth-death-rebirth (samsara).

Life is a journey towards re-union with God and there are different pathways to achieve this.



Bhagavad Gita - a Hindu scripture.



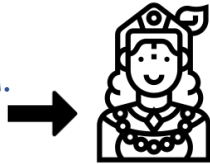
Hindus read from the Gita for guidance, comfort and advice.

Bhakti: One pathway to God involving loving devotion.



Most Hindus follow Bhakti yoga which teaches people can reach moksha through loving devotion to God.

Krishna: a major deity in Hinduism. The god of compassion and love.



Many Hindus direct their devotion to Krishna; they believe that if they focus their love on him he will be their route to moksha.

Bhakti – Pathway of loving devotion to God

You like to give things to those you love. You are aware of your feelings and like to show them. You enjoy expressing your feelings in dance, art or singing

Karma – Pathway of good, selfless actions

You are active and like to work hard, even without a reward. You want to look after your family and the community. You can see God / good in other people.

Jnana - Pathway of knowledge & study

You love knowing things and finding out more. You like to study books and think about the words. You enjoy thinking hard about things.

Raja - Pathway of yoga & meditation

You can still your mind and be quiet and reflective. You enjoy learning to control your body and hold yourself still. You can be patient even if a task takes a long time.

Stories help many Hindus feel more devoted to Krishna.



Janmashtami is Krishna's birthday celebration



Vocabulary Tier 2

- God
- Worship
- Devotion
- Journey
- Pathway



THINK IT.



BELIEVE IT.

Vocabulary Tier 3

- Moksha
- Samsara
- Yogas
- Krishna
- Gita
- Bhakti
- Janmashtami



LIVE IT.