



Children come into school to get an education that will equip them for life. Many, indeed most, of our children do well in school. In some cases though, life has already proved to be harsh and unsupportive. Earlier experiences may not have equipped them with the stress-regulation system that enables them to settle, to feel safe, to concentrate, to be curious or to be willing to work alongside their peers in collaborative ways.

The Thrive Approach can make learning more accessible, more effective and more fun. It enhances emotional literacy and directly contributes to the development of learning power: resilience, resourcefulness, reflective capacity and reciprocity.

What is Thrive?

Thrive is a systematic approach to the early identification of emotional development needed in children and young people so that differentiated provision can be put in place quickly by adults working most closely with the child or young person. It is preventative, reparative, pragmatic and easy to use.

Why use it?

Because addressing emotional development needs builds resilience and resourcefulness, decreases the risk of mental illness, reinvigorates the learning provision and helps those children who are at risk of underachieving or exclusion to stay in school and re-engage with learning.

We are fortunate to have a Thrive Licensed Practitioner based here in our school. Please contact the Home School Hub by emailing HSH@bpa.act-academytrust.org for more details.

