



## What is poverty?



### Plants

### Animals including humans

**Seeds and bulbs** have a store of food inside them



Horse Chestnut



sweet corn



Runner beans



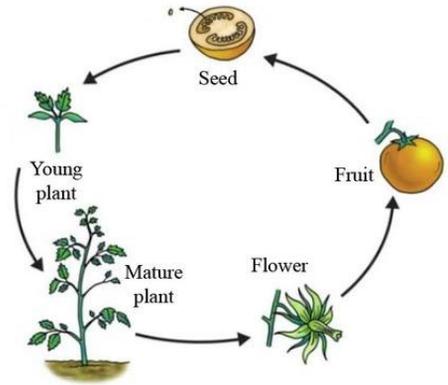
carrots



Daffodils



tomatoes



**Life cycle of a plant** seeds grow into **seedlings** or young plants then into mature plants. Plants flower and the **flower** then becomes a fruit. The **fruit** contains seeds to continue the plant life cycle.

### Components of a healthy balanced diet

protein



dairy



carbohydrates



Fats oils



Fruits and vegetables



**Balanced diet** includes foods from all 5 food groups in the right amounts.



### SEED GERMINATION



seed

seedling

plant

### What do plants need to grow?



water



light



temperature



THINK IT.

### Vocabulary Tier 2

water, light, fruit



BELIEVE IT.

### Vocabulary Tier 3

temperature, seedling, carbohydrates, protein, fats, vegetables



LIVE IT.