

PE Learning Organiser – Year 2 Autumn 1 – “What would the world be like without trees?”

Prior Learning (What we already know?)

- Throwing one handed and catching two handed consistently.
- Throwing to a partner underarm and catching two handed.
- Throwing over arm – action only (beanbag or tennis ball)
- Rolling a ball to different sized targets at different distances.
- Dribble a ball with both feet at a steady speed.
- Throw a larger ball in different ways and catch with two hands.
- Throwing one handed and catching one handed
- Consistently rolling on target.
- Dribble with both feet with good control.

New Learning

- To improve my running, jumping, throwing and catching,
- To practise and develop my balancing
- To improve my coordination
- To improve my agility
- To participate in a competitive game with my friends
- To compete against myself in a task

New Skills

- Throwing one handed and catching one handed
- Consistently throw and catch underarm accurately to a partner at least 3m away.
- Overarm throw towards a target(partner) 4-5m away.
- Rolling consistently through different width cones at different distances.
- Dribble a ball with both feet at different speeds with good control.
- Throw from left hand to right hand and right hand to left hand.
- Catch an overarm throw

Key Questions

- Show me how to throw with one hand, can you catch with one hand?
- Demonstrate and explain how to throw underarm.
- Explain how to throw underarm.
- Explain how to throw overarm.
- Demonstrate how to dribble a ball. Can you do it slowly/quickly?

Key Facts

Throwing and catching a ball requires focus and good hand-eye coordination.

Underarm Throw:

1. Hold your throwing arm straight behind your body and face the direction you are throwing
2. Swing your arm forwards, transferring your weight from your back to front foot, releasing the ball at waist height

Overarm Throw:

1. Stand side-on with your non-throwing arm out in front of you, gripping the ball between your fingers a thumb of your throwing hand, palm facing upwards
2. Raise throwing up at shoulder height behind your head with elbow slightly bent, releasing the ball with the flick of your wrist when your hand is in line with the top of your head

Key Resources

<https://www.bbc.co.uk/teach/ks1-physical-education/zdqhcqj>

https://www.youtube.com/watch?v=esZIX3eq4_U

Can I do this.....?

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Towards greater depth

- Throw from left hand to right hand and right hand to left hand.
- Catch an overarm throw



Vocabulary

Throw Catch Underarm ball
Rolling Target
overarm