

# PE – Year 4 – Life on Land – Why is biodiversity important? - Netball and Rugby

## Prior Learning (What we already know?):

Passing in three different ways.  
 Understanding they can only pivot when in possession of the ball and not walk (be lenient).  
 Understand basic attacking and defending within Netball.  
 Basic understanding of rules. No contact, 1m away, hands up once.  
 Good flow of game play.  
 Strong accurate passing.

Understand how to start a rugby game and set up from free passes or restarts.  
 Attempt running through play from various points to see how they get on then increase to playing a game  
 Good passing and catching whilst moving.  
 The understanding of resetting the line if there is a change of possession  
 Understanding more rules of the game. Introduce offside as soon as possible.

## Key Questions:

What does stationary mean?  
 Show me how to pass when you are stationary.  
 Explain what a pivot is and when to use it.  
 Describe the positions on the court and explain where you can/can't go depending on the different positions.  
 Explain the rules of High Fives.

Demonstrate that you can pass and catch whilst moving.  
 Explain the new rules of the game that you have learnt.  
 What is the offside rule?  
 What is meant by resetting of the line?

## Key Facts:

You cannot travel with the ball.  
 You cannot snatch or hit the ball out of a player's hands. [See Contact Rule].  
 You must stand 3 feet away from the person with the ball (while defending).  
 You cannot hold the ball for more than 3 seconds.  
 Intimidation of any kind gets regulated the same as the Obstruction Rule.

A **try** is awarded when a player places the ball down in their opponent's dead ball area behind the goal. 5 points are awarded.  
 A **conversion** is a free kick that the team is awarded after a try to earn 2 bonus points. A successful kick needs to pass between the upper posts and top bar on the goal.  
 A **penalty kick** will gain a team 3 points and is awarded to a team when the opposing team causes an infringement.  
 A **drop goal** can be kicked out of the hand as long as the ball bounces first and can earn a team 3 points.

## New Learning:

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

## New Skills:

Passing accurately whilst stationary.  
 Playing with good flow and understanding how to use the pivot to their advantage.  
 Understand the positions and where they can and cannot go within the court.  
 Know the rules of a game of high fives  
 Passing to someone who is moving.  
 Start to identify and create space.  
 Games using the court and the set positions to increase knowledge of positions.  
 The understanding of resetting the line if there is a change of possession  
 Understanding more rules of the game. Introduce offside as soon as possible.  
 Consistent passing and catching whilst moving.  
 Consistent and confident in running with the ball under pressure



## Vocabulary:

Sanctions, Free Pass , Penalty Pass

Two hands either side of the ball, Across the body, Hands up, Target Control, Pass, Passing, Space, Ball Carrier, Looking, Score/Try, Tackler, Tackling, Starts/Restarts, Free pass, Attackers, Defenders, Attacking, line(diagonal), Defensive line (straight/flat), Possession, Intercept, Pitch, Side-line, In touch, Offside, Knock on

## Key Resources:

<https://www.youtube.com/watch?v=9PmxtXtPUMw>

<https://www.youtube.com/watch?v=4WaBgY1POKw>

## Can I do this?

- Passing accurately whilst stationary.
- Playing with good flow and understanding how to use the pivot to their advantage.
- Understand the positions and where they can and cannot go within the court.
- Know the rules of a game of high fives
- The understanding of resetting the line if there is a change of possession
- Understanding more rules of the game. Introduce offside as soon as possible.
- Consistent passing and catching whilst moving.