WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DATES:-	6th/27th 9	6th/27th SEPTEMBER, 18th OCTOBER, 15th NOVEMBER, 6th DECEMBER, 10th/31st JANUARY				
OPTION 1	CHICKEN IN GRAVY	BEEF BOLOGNESE	PEPPERONI PIZZA	SAUSAGE ROLLS	PORK SAUSAGES	
OPTION 2	VEGTABLE SLICE	VEGGIE TOMATO BAKE	CHEESE PIZZA	QUORN SAUSAGES	MACARONI CHEESE	
OPTION 3	JACKET WITH CHEESE	JACKET WITH TUNA		JACKET WITH BEANS	BREADED COD FILLET	
CARBOHYDRATES	ROAST POTATOES	PASTA	WEDGES	DICED POTATOES	CHIPS	
VEGETABLES	CARROTS	MIXED VEG	BEANS/SWEETCORN	PEAS	BEANS/SWEETCORN	
SALAD	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	
<u>DESSERTS</u>	ICE CREAM	CARROT CAKE	COOKIES	SHORTBREAD	MUFFINS	
	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	
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WE ARE INTRODUCING MEAL BANDS THAT ARE CHOSEN DURING MORNING REGISTRATION.

CLASSES WILL BE INFORMED WHAT THE OPTIONS ARE EACH DAY.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATES:-	13th SEPTEMBE	4th OCTOBER, 1st/22nd NOVEMBER, 13th DECEMBER, 17th JANUARY, 7th FEBRUARY			
OPTION 1	GARLIC CHICKEN	BATTERED CHICKEN	HAM PIZZA	ROAST BEEF IN GRAVY	PORK SAUSAGES
OPTION 2	VEGETABLE FINGERS	QUORN DIPPERS	CHEESE PIZZA	VEGETABLE PIE	MACARONI CHEESE
OPTION 3	JACKET WITH CHEESE	JACKET WITH TUNA		JACKET WITH BEANS	JUMBO COD FINGER
CARBOHYDRATES	PASTA	RICE	WAFFLES	ROAST POTATOES	CHIPS
VEGETABLES	CARROTS	MIXED VEG	BEANS/SWEETCORN	PEAS	BEANS/SWEETCORN
SALAD	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
<u>DESSERTS</u>	SUGAR RINGS	MARBLE CAKE	COOKIES	FLAPJACK	CHOC ICES
	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS

CHILDREN WILL CHOOSE
THEIR PREFERRED OPTION
THEN COLLECT A COLOURED
BAND. THIS WILL GIVE THEM
THE OPPORTUNTIY TO
CHOOSE WHAT THEY WOULD
LIKE.

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATES:-	20th SEPTEMBER, 11th OCTOBER, 8th/29th NOVEMBER, 4th/24th JANUARY				
OPTION 1	PORK MEATBALLS	CREAMY CHICKEN PIE	PEPPERONI PIZZA	ROAST PORK IN GRAVY	PORK SAUSAGES
OPTION 2	MEAT FREE MEATBALLS	CHEESE PASTY	CHEESE PIZZA	VEGETABLE COTTAGE	MACARONI CHEESE
OPTION 3	JACKET WITH CHEESE	JACKET WITH TUNA		JACKET WITH BEANS	SALMON FISH CAKE
CARBOHYDRATES	PASTA	WEDGES	DICED POTATOES	ROAST POTATOES	CHIPS
VEGETABLES	CARROTS	MIXED VEG	BEANS/SWEETCORN	PEAS	BEANS/SWEETCORN
SALAD	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
<u>DESSERTS</u>	ICE CREAM	ICED CAKE	COOKIES	BROWNIE	JAM DOUGHNUTS
	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS	CUSTARD POTS

COLOUR OF BANDS:

RED FOR MEAT

GREEN FOR VEGETARIAN

YELLOW FOR JACKETS/FISH

BLUE BANDS WILL BE

GIVEN TO CHILDREN

WITH FOOD ALLERGIES.

FOOD ALLERGY NOTICE: IF YOUR CHILD HAS A FOOD INTOLERANCE OR DIETARY REQUIREMENT PLEASE INFORM THE OFFICE
BLUE BANDS WILL BE PROVIDED TO ALLOW CATERING STAFF TO GUIDE YOUR CHILD TO A SAFE OPTION