

MENU WEEK 1

WEEK STARTING: 3RD/22ND
SEPTEMBER, 13TH OCTOBER, 10TH
NOVEMBER, 1ST DECEMBER,
5TH/25TH JANUARY

MONDAY

MAINS

Battered Chicken Crispy Balls (df) (H)
Veggie Nuggets (V)(VG)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Fried Rice, Carrots and Broccoli

DESSERTS

Ice cream or Choc Ice
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

TUESDAY

MAINS

Beef Bolognese (GF) (D) (H)
Veggie Sausage Pasta (VE)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Spaghetti, Mixed Veg and Peas

DESSERTS

Blueberry Cake and Custard
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

WEDNESDAY

MAINS

Pepperoni or Cheese Pizza (GF) (DF) (H)
Veggie Mexican Wraps (V)(VG)
Southern Fried Chicken Wrap

SIDES

Tater bites, Beans and Sweetcorn

DESSERTS

Oat Cookies
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

THURSDAY

MAINS

Jamaican Chicken Curry (GF) (D) (H)
Rasta Pasta (VE)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Rice, Peas and Carrots

DESSERTS

Shortbread
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

FRIDAY

MAINS

Sausages
Macaroni Cheese (V)
Cod Fish fingers
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Chips, Beans/Spaghetti Hoops and Sweetcorn

DESSERTS

Jaffa Cake
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

**FRESH BREAD
AND SALAD BAR
AVAILABLE
DAILY**

MENU WEEK 2

WEEK STARTING: 8TH/29TH
SEPTEMBER, 20TH OCTOBER, 17TH
NOVEMBER, 8TH DECEMBER, 12TH
JANUARY AND 2ND FEBRUARY

MONDAY

MAINS

Pesto chicken (DF) (Nut Free) (H)
Vegetable Fingers (VE)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Pasta, Carrots and Broccoli

DESSERTS

Ice cream or Choc Ice
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

TUESDAY

MAINS

Sticky Barbeque Chicken (GF)(DF)(H)
Plant Based Chilli with Kidney Beans (V)(VG)(DF)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Yellow Rice, Mixed Veg and Peas

DESSERTS

Flapjack
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

WEDNESDAY

MAINS

Pepperoni or Cheese Pizza (GF) (DF) (H)
Veggie Mexican Wraps (V)(VG)
Southern Fried Chicken Wrap

SIDES

Sauted Potatoes , Beans and Sweetcorn

DESSERTS

Chocolate Crispies
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

THURSDAY

MAINS

Beef and tomato Pasta Bake
Veggie Pasta Bake
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Bread Roll, Peas and Carrots

DESSERTS

Strawberry Slice and Custard
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

FRIDAY

MAINS

Sausages
Macaroni Cheese (V)
Cod Fish fingers
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Chips, Beans/Spaghetti Hoops and Sweetcorn

DESSERTS

Jam Doughnut
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

FRESH BREAD
AND SALAD BAR
AVAILABLE
DAILY

MENU WEEK 3

WEEK STARTING: 15TH SEPTEMBER, 6TH OCTOBER, 24TH NOVEMBER, 15TH DECEMBER, 19TH JANUARY AND 8TH FEBRUARY

MONDAY

MAINS

Pork Meatballs in Tomato Sauce
Meat Free Meatballs (V)(VG)(DF)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Pasta, Carrots and Broccoli

DESSERTS

Ice cream or Choc Ice
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

TUESDAY

MAINS

Chicken Chow Mein (GF)(DF)(H)
Veggie Spring roll (V)(VG)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Noodles, Mixed Veg and Peas

DESSERTS

Chocolate Sponge and Custard
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

WEDNESDAY

MAINS

Pepperoni or Cheese Pizza (GF) (DF) (H)
Veggie Mexican Wraps (V)(VG)
Southern Fried Chicken Wrap

SIDES

Rosti Bites, Beans and Sweetcorn

DESSERTS

Vanilla Biscuits
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

THURSDAY

MAINS

Mild Dry Tikka Masala (GF)(DF)(H)
Veggie Samosa (V)(VG)
Jacket Potato with Cheese or Beans
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Rice or Naan, Peas and Carrots

DESSERTS

Frosted Muffins
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

FRIDAY

MAINS

Sausages
Macaroni Cheese (V)
Cod Fish fingers
Sandwich -Cheese or Ham
Southern Fried Chicken Wrap

SIDES

Chips, Beans/Spaghetti Hoops and Sweetcorn

DESSERTS

Banana Cake
Peaches, Yoghurt, Fruit or Jelly
Cheese and Crackers

**FRESH BREAD
AND SALAD BAR
AVAILABLE
DAILY**